

My **DREAM TRACKER** Journal

TheDareToDreamShow.com

MY DREAM

1. What dream would you pursue if fear, doubt, money, time, or failure were not standing in your way?

2. Why does this dream matter to you?

3. What is one small step you can take toward this dream?

4. If not now...when?

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TRACKING MY DREAM

1. What is one goal I can accomplish in the next 30 days?

2. What obstacles might stand in my way?

3. What resources, skills, or people can help me succeed?

4. What will success look like 30 days from now?

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DREAM PROGRESS LOG (COPY)

ACTION STEP

TARGET DATE ____/____/____

COMPLETED YES / NO

ACTION STEP

TARGET DATE ____/____/____

COMPLETED YES / NO

ACTION STEP

TARGET DATE ____/____/____

COMPLETED YES / NO